



## Ms. Karen Cowger Mettler

April 25, 1950 - April 12, 2018

Karen Cowger Mettler, age 67, died Thursday, April 12, 2018, at Select Specialty Hospital.

She was predeceased by her parents, William Henry Cowger and Anna Mae Sexton Cowger and her former husband, Dale Mettler.

Karen leaves to cherish her memory, her son, Kevin; and sisters, Diane (Mark) Hudson of Harrisonburg, Virginia and Carol Keyser of Tallahassee, Florida.

Karen had a BA degree from FSU. She worked for several attorneys in Tallahassee, Miami and Jacksonville and retired from Fringe Benefits Management Company in 2015.

Karen was a member of Saint Paul's United Methodist Church. She was active in Seekers Sunday School class, which she dearly loved, the Creation Care Ministry and served as an office volunteer.

She was a member of the Tallahassee Watercolor Society, Tallahassee Social Club, Tallahassee Senior center. Karen also volunteered at Tall Timbers Research Station and the annual Red Hills Horse Trials.

Karen enjoyed meeting new people and making new friends. She loved

history, art, music, nature, a good book, movies, her family and friends, but most importantly, Karen loved God. She was grounded in her Christian beliefs and enjoyed studying and discussing her Methodist roots.

A memorial service will be held at Saint Paul's United Methodist Church on Sunday, April 15, 2018 at 2:00 pm with a reception to follow.

In lieu of flowers, donations can be made to Kevin Cowger for medical and funeral expenses. Online condolences may be expressed at [www.abbeyfh.com](http://www.abbeyfh.com).

# Previous Events

## Service

APR **15**. 2:00 PM (ET)

Saint Paul's United Methodist Church  
1700 North Meridian Road  
Tallahassee, FL 32308

# Tribute Wall

KD

“ We had such a good time together when we were kids. I am so sorry to hear this.( I was hoping we could get together again since I am in Florida now.) Love to all. May God comfort you. Kitty Dyer

Kitty Dyer - April 18, 2018 at 02:13 PM

FT

“ Karen was not just a co-worker. She was genuine, honest and caring . She was funny and kind. She took a real interest in the people around her. She will truly be missed.

Felicia n Thomas - April 17, 2018 at 03:53 PM

CL

“ I'm so sorry I missed Karen's service. I did not hear about her until today. We worked together at FBMC and she was fun to talk with . She would always speak of Kevin with such pride and love.

CHRISTIE LAMM - April 16, 2018 at 12:06 PM

DA

“ I enjoyed serving with Karen as a docent at Tall Timbers Research Station. Was very sorry when I heard she was ill and know that she made a difference in many lives. God bless her family.

David Arnold - April 16, 2018 at 07:33 AM

AS

“ *Our deepest condolences! Karen is loved by our Family and very sad to hear she passed away. She was full of life and happy. She will be missed dearly.*

*Alicia Steve Schaeffer  
oscar Ibarra*



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**Alicia Schaeffner** - April 14, 2018 at 09:57 AM

AS

“ *1 file added to the album New Album Name*



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**Alicia Schaeffner** - April 14, 2018 at 09:39 AM

VA

“ *Kevin, Carol & Vanessa,  
My sincere condolences to you and the family. Karen was always a special part of our group as the 'go gal', helping us plan outings, mini-vacations or lunch. She will be missed.*

*Valerie Gould*

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**Valerie** - April 13, 2018 at 03:59 PM