



Michael Helms

July 10, 1956 - March 16, 2026

Michael Eugene Helms, 69 years of age, of Tallahassee, FL, passed away on March 16, 2026, surrounded by loved ones in his family home.

Michael was born on July 10th, 1956, in Tallahassee, FL to Clifford and Hattie Helms. Michael graduated from Leon High School in 1974 and then furthered his education at Tallahassee Community College.

On September 08, 1979, Michael married Lorraine Desilets in Tallahassee, FL. Together, they shared 46 years of marriage and raised two children: Katherine and Michael Helms.

Michael dedicated a large number of years to working within the Tire Wholesale Industry.

Towards the end of his working career, Michael spent his days working for the Killlearn Country Club, which he truly enjoyed.

Beyond his professional life, Michael was passionate about boating, fishing, hunting, golfing, visiting the beach, and anything that included the great outdoors. Family and friends will always remember him for his adventurous spirit, love of family, humor and wit. Michael always made friends wherever he went and was always willing to lend a helping hand to whoever needed it.

Michael is survived by his loving spouse, Lorraine Helms; children, Katherine Maurer and Michael Helms; grandchildren, Sophie Maurer, Kennedy Helms

and Cole Helms; and siblings, Sharyl Alley and Greg Helms. He was preceded in death by his parents, Clifford and Hattie Helms.

In lieu of flowers, donations may be made in Michael's memory to Big Bend Hospice at 1723 Mahan Center Boulevard, Tallahassee, FL 32308-5428 (www.bigbendhospice.org).

Cemetery Details

Tallahassee Memory Gardens

4037 North Monroe Street
Tallahassee, FL 32303
(850) 562-1518
<https://www.abbeyfh.com/>

Previous Events

Visitation

MAR 23. 10:00 AM (ET)

Abbey Funeral Home
4037 North Monroe Street
Tallahassee, FL 32303
(850) 562-1518
abbeyfh@comcast.net

Celebration of Life

MAR 23. 11:00 AM (ET)

Abbey Funeral Home
4037 North Monroe Street
Tallahassee, FL 32303
(850) 562-1518
abbeyfh@comcast.net

Tribute Wall



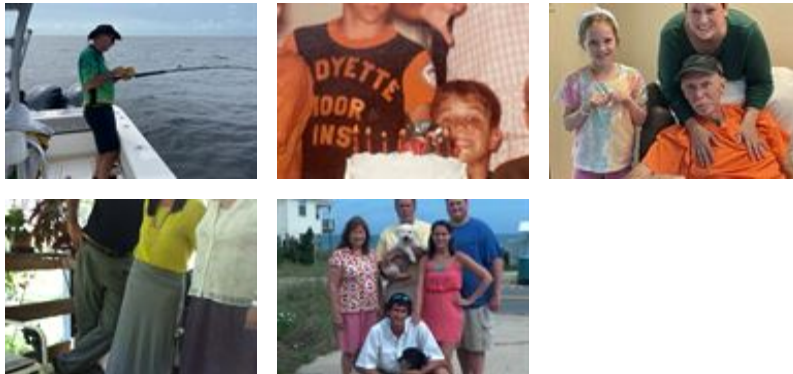
“ *Abbey Funeral Home and Tallahassee Memory Gardens created a Webcast in memory of Michael Helms*



Abbey Funeral Home and Tallahassee Memory Gardens - March 22 at 07:12 PM



“ *77 files added to the album Life Tributes*



Abbey Funeral Home and Tallahassee Memory Gardens - March 22 at 05:36 PM



“ *A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Michael Helms.*

March 19 at 05:24 PM



“ *Serene Retreat was purchased for the family of Michael Helms.*



March 19 at 05:24 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Michael Helms.

March 19 at 12:13 PM



“ *Full Of Love Bouquet was purchased for the family of Michael Helms.*



March 19 at 12:13 PM



“ *I'm so sorry to hear this. "Pops" was one of the finest men I've meet in my life. RIP Pops*

Dewayne Hall - March 18 at 10:06 PM