



Theodore Eugene Helton Jr.

February 7, 1957 - May 23, 2026

Theodore Eugene Helton Jr., 69, passed away peacefully at home in Crawfordville, Florida, on May 23, 2026, surrounded by the love of his family.

Theodore was a proud Marine veteran, a devoted husband, father, and grandfather, and a man whose strength and love for his family will never be forgotten. He shared 20 loving years of marriage with his wife, Dana Helton, who remained by his side through life's greatest joys and most difficult moments.

He is survived by his children: Melinda Lauer of Texas, Tiffany Lauer of Alabama, Ashley Helton of Florida, Theodore Helton III of Florida, and Joel Alan Stevens of Florida. He also leaves behind 11 beloved grandchildren who brought immense pride and happiness to his life.

Known for his kind heart and strong spirit, Theodore loved his family deeply. He adored his wife and children, and nothing brought him more joy than spending time with the people he loved. He was funny, loved to laugh, and had a way of making others smile even during difficult times. He enjoyed fishing, sports, and the simple moments in life that meant the most.

Though he was a strong man, He had a heart of gold and a beautiful soul.

Theodore will be remembered for his dedication to his family, his service to his country, and the quiet strength he carried throughout his life. His memory will live on in the hearts of all who knew and loved him.

The family asks for continued prayers, love, and support as they grieve this tremendous loss and celebrate his life.

Cemetery Details

Tallahassee Memory Gardens

4037 North Monroe Street
Tallahassee, FL 32303
(850) 562-1518
<https://www.abbeyfh.com/>

Upcoming Events

Visitation

MAY 29. 11:00 AM - 12:00 PM (ET)

Abbey Funeral Home
4037 North Monroe Street
Tallahassee, FL 32303
(850) 562-1518
abbeyfh@comcast.net

Graveside Service

MAY 29. 12:00 PM (ET)

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